

# Lip Trainer Patakara and Cerebral Infaction

As a result of the after effects of cerebral infarction (apoplexy) I could not talk.

I fainted on the way home 4 years ago because of cerebral hemorrhage, and I woke-up in hospital. Additional aftereffects of apoplexy were poor eyesight, aging of mimic muscles, eating and communication problems.

The cerebral hemorrhage occurred in the center of the brain, meaning surgery was not possible. Treatment through medication was possible. The Doctor said that rehabilitation would not be helpful. However, if there is a will there is a way. Therefore, I tried rehabilitation after the authorization of the doctor.

Although it was very tough for me at the beginning, both in a psychological and physical way, I could walk with walking aids after 6 months. There were also improvements in vision and use of the right hand. Because I still had problems eating and talking, that really made me frustrated. However, I still kept moving forward with the rehabilitation because of my belief.

Once I went to the dentist for dental care, and the dentist showed me the PATAKARA Lip Trainer after he realized my situation. I was willing to still try all possible ways which might help. In the beginning, I exercised twice a day for 2 minutes each time, after breakfast and dinner. I did Lip-closing and Facial Training exercise. Initially this was painful, caused by the friction of the Lip Trainer on the gums. However it improved a lot after a couple of days. There were aches in the mimic muscles as I exercised them to regain strength that was lost. After one month I still could not talk, but I had less pain. As a result I increased the frequency of exercising.

Over time my pronunciation became clearer and I could hear that my voice had become crystal clear. The dentist said the aging of my mimic muscles had improved a lot and the shape of my face became more and more handsome and well-defined. I also can feel my muscle strength returning. To be honest, I am very glad I had my life back to normal before the apoplexy. That is all due to the benefits of PATAKARA Lip Trainer.

I have no more problems in talking and I would like to acknowledge the dentist who introduced PATAKARA Lip Trainer to me as well as my family for their strong support. Sincerely, I would strongly recommend people to use this product. It will show performance benefits with prolonged use and exercise.

**A recovery story by Mr. Kobayashi (Japan)**